

Extreme C

Discover the health-enhancing power of this popular antioxidant.*

In today's fast-paced world, how can we be sure we're eating enough fruits and vegetables rich in vitamin C and antioxidants to maintain healthy nutrition? In fact, the stress that often accompanies a hectic lifestyle can also rob a body's supply of antioxidants. Health experts agree that without antioxidants, our bodies may be more susceptible to dozens of ailments, such as cancer, lung conditions and improper functioning of the nervous and immune system.

We hear a lot these days about the importance of antioxidant vitamins, including vitamin C. Whether we like it or not, our bodies are assaulted every day by chemicals and environmental pollutants, including tobacco smoke, air pollution, radiation, herbicides and toxic chemicals in the foods we eat. Known for causing cellular damage and adding to the aging process, scientists call them "free radicals."

Herbalife's Extreme C is a dietary vitamin C supplement with fruit extracts rich in antioxidants to help fight the harmful effects of free radicals.* Vitamin C is coveted for its many benefits, including a contribution to healthy bones, teeth, blood vessels and the production of collagen.* Extreme C goes the "extra mile" with its exclusive botanical complex that contains citrus and kiwi bioflavonoids, which help restore vitamin C and are essential for the absorption of ascorbic acid.*

Discussion Points

- Helps your body protect itself: The natural herbal antioxidants in Extreme C work together with the vitamin C to help neutralize the "free radicals" that bombard our bodies every day.*
- Strengthens collagen: Extreme C helps keep vitamin C in the body and strengthen collagen tissues in the skin and joints.*
- Take it every day: Because the body cannot manufacture or reserve water-soluble vitamin C, Extreme C should be taken daily.
- Combine with other products: Extreme C can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

Did You Know?

During evolution, human beings lost the ability to produce their own vitamin C, making it essential to obtain it from the diet. Other animals can produce 10 or more grams a day.

In the medical journal *The Lancet*, scientists suggest that vitamin C can actually help cancer patients, since this essential vitamin serves to block the carcinogenic effects of hydrogen peroxide—a tumor promoter—on intercellular communication. In addition, vitamin C is needed for the synthesis of amino acids and collagen, for wound healing and for the metabolism of iron, lipids and cholesterol. Studies show a diet rich in phytochemicals and vitamin C may promote good health.

Fast Facts

- Contains vitamin C, which is necessary for collagen formation.*
- Made with an exclusive botanical complex that acts as a free-radical scavenger.*
- Formulated with a mixture of fruit extracts rich in antioxidants.*
- Contains citrus and kiwi bioflavonoids to help improve the absorption of ascorbic acid.*
- Available in easy-to-swallow tablets.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SUPPLEMENT FACTS

Serving Size: 1 tablet

Servings per container: 60 tablets

	Amount Per Serving	% Daily Value*
Vitamin C (as ascorbic acid and calcium ascorbate)	500 mg	833%
Calcium (as dicalcium phosphate)	53 mg	5%
Kiwi Fruit Powder (10:1)	100 mg	†
Citrus Bioflavonoids	50 mg	†
Herbalife Antioxidant Complex Red grape extract (seed, skin and leaf) Pine extract (bark) Bilberry extract (fruit) <i>Rhododendron caucasicum</i> (root)	25 mg	†

*Percent Daily Values are based on a 2,000-calorie diet.

†Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Silica, Magnesium Stearate, Stearic Acid and Pharmaceutical Glaze.

Suggested Serving: Take one tablet up to two times per day.

Ordering Details

#0171

\$7.00