

# Joint Support–Glucosamine with Herbs

## Dietary supplement for joints and muscles.

Many of us take mobility for granted. However, millions of people find the simple act of lifting an arm, bending a knee or even wiggling a toe may cause agonizing pain. The aches and discomfort may be caused by arthritis, an injury or excessive wear and tear, but they can also occur because we are living longer than our ancestors.

With average life expectancy on the rise, as many as three-fourths of the population over 50 will be affected by symptoms of osteoarthritis, a condition that may be accompanied by a breakdown in the cartilage found between bone joints. Without this protective padding, bones rub together, causing pain, tenderness, swelling, stiffness, and sometimes, deformity. According to the Arthritis Foundation, people of all ages are affected by arthritis—with about 120 related disorders—and it is the No.1 cause of limitation of movement in the United States.

Herbalife has formulated an herbal-based product, Joint Support–Glucosamine with Herbs, which can help provide support to aching joints.\* Taken twice daily, you can experience the benefits of six of the most widely used herbs, enzymes and nutritional factors, all known to benefit aching joints and muscles.\*

## Discussion Points

- Nature's cushion: Glucosamine sulfate is a natural compound produced by the body, that contributes to the natural cushioning effect of cartilage.\*
- Moving on: MSM (Methylsulfonylmethane) is a naturally occurring organic sulfur compound, found in all living plant and animal tissues. Known for enhancing flexibility and reducing pain.\*
- Body support: Turmeric and boswellia are natural anti-inflammatory herbs that aid the body in being healthy.\*
- Nutrition for the joints: Also contains bromelain, an enzyme found in pineapple, and Peptizyme®, an enzyme complex, each of which are known to reduce swelling of the joints and muscles.\*
- Combine with other products: Joint Support–Glucosamine with Herbs can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

## Did You Know?

The connective tissue and cartilage in your body includes a natural compound called glucosamine. The cartilage important for cushioning the joints can lose its ability to support healthy cellular growth as we age. The body's production of glucosamine—an amino sugar—decreases with age. Joint Support–Glucosamine with Herbs helps support joints subject to wear and tear.

Boswellia has a long history of being used to promote bone and joint health.\* The large, balsamic boswellia tree is grown primarily in India and nearby regions, where preparations of this herb are used by physicians to treat everything from dysentery to ringworm. Collection of the tree's dried oleoresin secretions occurs much like the process of extracting maple from trees for maple syrup. Boswellia is also recommended for helping lower back pain and aching muscles.

## Fast Facts

- Can help promote joint comfort.\*
- Slows the effects of joint aging.\*
- Useful for athletes and helps improve post-workout muscle discomfort.\*



## SUPPLEMENT FACTS

Serving Size: 1 tablet

Servings per container: 60 tablets

	Amount Per Serving	% Daily Value*
Glucosamine Sulfate, Potassium Salt	500 mg	†
Methylsulfonylmethane (MSM)	250 mg	†
Dried Boswellia Extract ( <i>Boswellia serrata</i> ) (gum)	75 mg	†
Enzyme HL2-491 Peptizyme SP (Endopeptidase) Bromelain (fruit)	40 mg	†
Dried Turmeric Extract (root)	20 mg	†
Bioperine® (Dried Black Pepper Extract) (fruit)	1 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Microcrystalline Cellulose, Hydroxy-propylmethylcellulose, Stearic Acid, Croscarmellose Sodium, Soy Lecithin, Silicon Dioxide, Carboxymethylcellulose, Dextrose, Maltodextrin, Magnesium Stearate and Sodium Citrate.

**Suggested Serving:** Take one tablet two times a day.

## Ordering Details

#0261

\$18.95

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.