

# Snack Defense™

## Controls between-meal snacking

Balanced nutrition is a vital part of losing weight, but for many dieters, the biggest challenge isn't mealtime. The hours between meals may present the biggest temptation, because that's when the desire to snack sets in. Snack Defense™ is a scientifically advanced formula that provides all-day appetite control against snacking.\* This powerful product contains beneficial ingredients that suppress appetite and aid metabolism.\* In addition, the combination of its key ingredients may provide extra protection against the desire for sugar- and fat-laden sweets.\*

One of the main ingredients in Snack Defense™, Chromium Polynicotinate, is an excellent mineral source of chromium and is known to support healthy blood-sugar levels and promote the metabolism of carbohydrates.\* Garcinia Cambogia extract is a thermogenic ingredient that naturally suppresses appetite.\* An incredible herb from the plant world, Gymnema Sylvestre, inhibits the absorption of glucose, or sugar, in humans.\*

Recommended usage of Snack Defense™ is one tablet two times a day, but it can be taken day or night, anytime you want to fight the urge to snack.\* By using Snack Defense™ every day, you will notice a decrease in your urge to snack and in your appetite throughout the day.\* If sweets are your downfall, then there's no better product available to help you reach your goal. You don't have to let your desire for unhealthy, calorie-rich snacks control you, because Snack Defense™ is here. For maximum benefit, Snack Defense™ should be used regularly as part of your preferred Herbalife weight-management program, and is an excellent complement to Total Control™ for overall weight-management support.\*

### DISCUSSION POINTS

- **Improved metabolism:** *Chromium Polynicotinate* promotes the regulation and maintenance of the body's metabolism of fats and sugars.\* It's also known to help maintain blood-sugar levels already within the normal range.\*
- **Appetite suppression:** *Garcinia Cambogia* extract comes from a tropical fruit grown on trees in India. It has an organic acid that suppresses appetite and increases the body's production of heat through thermogenesis.\*
- **Urge-to-snack reduction:** Snack Defense's™ unique blend of ingredients decreases your impulse for between-meal snacks.\*
- **Combine with other products:** For optimum benefit, use in conjunction with Herbalife's complete line of weight-management products.

### DID YOU KNOW?

Garcinia Cambogia extract, also known as the Malabar Tamarind fruit, is used as an ingredient in Indian and Thai cooking. It is particularly characteristic of Southern Indian cuisine, where it's sour flavor and dark coloring are added to curries. Malabar Tamarind is also an ingredient in Worcestershire sauce.

### FAST FACTS

- Provides a beneficial herbal alternative for all-day appetite control.\*
- Scientifically formulated blend of ingredients helps control your urge to snack between meals.\*
- Take one tablet two times per day, or as needed for all-day appetite control.\*
- Can be used in conjunction with all other Herbalife products, including Total Control™ for added weight-management support.\*



### SUPPLEMENT FACTS

Serving size: 1 Tablet  
Servings per container: 60

	Amount per serving	%DV**
Calcium (As Calcium Carbonate)	130 mg	13%
Chromium (As Chromium Polynicotinate)	75 mcg	63%
Dried <i>Garcinia cambogia</i> Extract (Fruit)	400 mg	†
Dried <i>Gymnema sylvestre</i> Extract (Leaves)	100 mg	†

\*\* Percent Daily values are based on a 2,000-calorie diet.  
† Daily Value (DV) Not Established.

**Suggested Serving:** For adults, take one tablet two times a day. Snack Defense™ can be taken any time of day or night for control of appetite.\*

It contains *garcinia cambogia*, a natural source of hydroxycitric acid that aids in appetite control, combined with *gymnema sylvestre* and chromium polynicotinate which have been shown to help reduce one's urge to snack.\*

**Other Ingredients:** Microcrystalline Cellulose, Stearic Acid, Hypromellose, Acacia, Croscarmellose Sodium, Shellac, Silicon Dioxide, Magnesium Stearate, Titanium Dioxide, Triethyl Citrate and Riboflavin.

### ORDERING DETAILS

#0079 \$23.50

60 tablets per bottle

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Arm yourself against snacks.\*

# Snack Defense™

New Formula



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